



MAKING CHANGES

For the long term



THE **HARDMAN** TRUST

realising potential

ABOUT US

The Hardman Trust supports people in prison to take their next steps in life. The only charity focusing on the unique needs of people on long sentences, our aim is to support a positive transition out of prison and into the community.

We do this by providing support into work or training.

We know from our 30 years of experience that when you invest in people leaving prison, everyone benefits. The prison-leaver gains hope, choices and opportunities for the future. They gain financial independence, increased confidence and improved wellbeing. They become a 'student' or an 'employee' rather than an 'offender' or 'criminal'.

Their families benefit from stability, financial support, positive role modelling and improved relationships.

The wider community benefits from safer neighbourhoods, reduced crime and higher levels of employment.

Communities thrive, relationships prosper and each individual feels the positive ripple effect of lasting change.

“The Hardman Trust had a great impact on my confidence, spirit and belief that I can achieve my goals by getting one little step closer to where I need to be.”

Reoffending rates reduce significantly when people in prison are given support to access education, training and employment. Each person we support wants to take a different path in life, and has a plan for their release.

We provide the financial and practical help to turn that plan into a reality.

Providing tools, training and equipment is a simple, common sense approach to helping someone get back on their feet.

"It's the chance for us to be just an ordinary family again"

OUR IMPACT

Last year we issued **£114,210** of funding to **148 people** leaving prison, helping them achieve their goals on release. So far:

- 52% have secured and maintained employment
 - 37% have taken up further education or training
 - 16% have undertaken voluntary work
 - 10% have become self employed
 - 47% have undertaken other purposeful activities
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- 100% experienced increased hope
 - 100% experienced increased confidence
 - 100% felt more part of their community
 - 95% were more focused on their future path

£114,210 granted towards:



Laptops for studying
or starting work



Tools or equipment
for a new job




Training courses to
prepare for work

- Joel asked for support with a cake decorating business. Already having professional skills in cake design, he added to this with food and catering courses in prison. He invested time in building a robust business plan and creating cake ideas. We provided him with the tools he needs to get the business off the ground.
- Martin asked for help purchasing plastering tools. With these tools he was able start work directly after leaving prison, having completing plastering qualifications during his time inside. His aim was to find sustainable work to support his family.
- Emma was able to return to hair and beauty on leaving prison, setting up her own business with a new laptop and hairdressing tools provided by The Hardman Trust.



148 People

Received financial support
from The Hardman Trust,
helping to prepare for a
life beyond prison



Jim's story

Jim served 13 years in prison. With a long gap in his CV, he was being released into a working world that had completely changed. His skills and qualifications from before prison were out of date, and he needed to start again.

The Hardman Trust funded a NEBOSH health and safety course in construction, which he was able to complete whilst still in prison. As a result, he was able to find a job immediately.

Being released on a Thursday, he was already in paid employment by the following Monday.

This gave Jim the ability to find a place to live and the funds to support himself and his family. He gained independence, structure and security immediately after leaving prison - a time of uncertainty and stress for many that often leads to homelessness, mental health challenges, loss of hope, and a return to offending.

Jim is now an Assistant Project Manager and is working on a housing development. His goal is to become a Project Manager, and to eventually move into one of the homes being built on the site.



DIRECTORY

As well as providing support to people on long sentences, we also produce the Hardman Directory.

This vital resource provides practical information on the support services and opportunities available to people leaving prison. It covers funding, information on how to access benefits, find work, a place to live and other key tips for settling back into the community. This year we have included support around the cost of living crisis. It also includes specialist information for older prisoners and women, and contains details of hundreds of charities across the UK.

We distribute the directory to every prison in England, Scotland and Wales, ensuring it is available in every prison library. It is the main source of information for people planning for their life on release.





PLANS FOR THE FUTURE

The Hardman Trust will continue to support people on long term sentences to take their next steps in life, and will continue to develop and distribute the Hardman Directory.

We are currently working on our strategic plan, reviewing how we can best fulfil our mission and support people on long sentences achieve their goals and flourish in the community.

With prison populations growing, prison sentences getting longer, and more people being given long sentences than ever before, we want to ensure we are doing our best for the people we are here to support. Demand is increasing, and our work is needed more than ever.

We aim to launch our strategic plan in Spring / Summer 2023.



HOW YOU CAN HELP

We can only do this work with the support of our generous funders and volunteers.

We are a staff team of 2 full-time and 2 part-time staff, supported by a dedicated team of 30 volunteers. It's important to us to remain small, lean and nimble, so that our funds can go directly to the people that need them.

Support us financially

Can you support us with a one-off or regular donation to enable us to help more people? You can make a donation to support our work in general, or you can choose to sponsor one or multiple awards. Check our website or talk to our CEO for more information: ceo@hardmantrust.org.uk

Volunteer

If you have skills, time or expertise that could be useful please consider becoming a volunteer. You can find out more on our website or email ceo@hardmantrust.org.uk



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Contact Us

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